

## **CCE 872 - MENTORING AND PROFESSIONAL DEVELOPMENT**

### **1 - Course objectives**

**The course will help students to;**

- Explore the broader role of mentoring in professional development.
- Understand theoretical approaches and methodological issues related to mentoring for professional development in various contexts.
- Review comprehensive mentoring plans as a tool for the professional development of relevant stakeholders (youth, students, employees, employers, etc.).

### **2 – Course Outline**

<b>Week</b>	<b>Topics</b>	<b>CHs</b>
Week 1	Introduction to Course Introduction to Mentoring <ul style="list-style-type: none"><li>• The Roots of Mentoring</li><li>• Definition of Mentoring</li></ul>	3
Week 2	Theoretical Approaches and Methodological Issues <ul style="list-style-type: none"><li>• Youth Mentoring</li><li>• Student–Faculty Mentoring</li></ul>	3
Week 3	Theoretical Approaches and Methodological Issues <ul style="list-style-type: none"><li>• Workplace Mentoring</li><li>• Reflections on the Theoretical Approaches and Methodological</li><li>• Issues in Mentoring Relationships</li></ul>	3
Week 4	Naturally Occurring Mentoring Relationships <ul style="list-style-type: none"><li>• Naturally Occurring Mentoring Relationships g Youth</li><li>• Student–Faculty</li><li>• Workplace Employees</li><li>• Reflections on Naturally Occurring Mentoring Relationships</li></ul>	3

Week 5	Best Practices for Formal Mentoring Programs <ul style="list-style-type: none"> <li>• Best Practices for</li> <li>• Importance of Matching</li> <li>• Formal Mentoring Programs</li> </ul>	3
Week 6	Best Practices for Formal Mentoring Programs <ul style="list-style-type: none"> <li>• Best Practices for</li> <li>• Student–Faculty</li> <li>• Workplace Formal</li> <li>• Reflections on Best Practices for Formal Mentoring Programs</li> </ul>	3
Week 7	Benefits of Mentoring <ul style="list-style-type: none"> <li>• Youth Mentoring Relationships</li> <li>• Student–Faculty Mentorship</li> <li>• Workplace Mentoring Relationships</li> <li>• Reflections on the Benefits of Mentoring</li> </ul>	3
Week 8	Diversity and Mentoring <ul style="list-style-type: none"> <li>• Diversity and Youth Mentoring Relationships</li> <li>• Mentoring in Academia: Considerations for Diverse Populations</li> <li>• Diversity and Workplace Mentoring Relationships: A Review and Positive Social Capital Approach</li> </ul>	3
Week 9	MIDS	
Week 10	Diversity and Mentoring <ul style="list-style-type: none"> <li>• Formal Mentoring</li> <li>• The Impact of Race Reflections on Diversity</li> <li>• E-mentoring</li> </ul>	3
Week 11	Professional Development & Role of Mentors <ul style="list-style-type: none"> <li>• The Perspective of the Mentor</li> <li>• Mentor commitment</li> </ul>	3
Week 12	Professional Development & Role of Mentees	3

	<ul style="list-style-type: none"> <li>• Roles of Mentees</li> <li>• Making the Most of Mentors</li> <li>• Mentoring supports</li> </ul>	
Week 13	Mentoring, Reflection & Practice <ul style="list-style-type: none"> <li>• How to Encourage Reflection</li> <li>• Strategies and Activities in mentoring</li> </ul>	3
Week 14	Mentoring Communication <ul style="list-style-type: none"> <li>• Mentoring Conversation</li> <li>• Novice teacher growth via communication</li> <li>• Interactions and knowledge construction</li> </ul>	3
Week 15	Stages of Formal Mentoring Relationships <ul style="list-style-type: none"> <li>• Phases of Mentor Relationship</li> </ul> Mentoring Guide	3
Week 16	Professional Development & Mentoring <ul style="list-style-type: none"> <li>• Individual Professional Development Plan</li> <li>• Professional Development Pathways</li> <li>• The Professional Development Portfolio</li> </ul> Mentoring beginning teacher	3
Week 17	Revision and conclusion	3
Week 18	Final Exam	
	<b>Total teaching hours</b>	<b>48</b>

### Practice under the course

Compulsory practice sessions will be organized at the end of each class session. Students will develop mentoring plans based on their understanding of the concepts, context and peer discussions. These sessions will be conducted as group or pair activity. The mentoring plans developed in practice session will be part of the final report, therefore, class participation will be mandatory.

### 3 - Learning outcomes

**By the end of the course, students will be able to:**

- Critically analyze differences in mentoring types and mentoring relationships to ensure successful professional development.

- b. Critically examine theoretical approaches and methodological issues to assess the quality of mentoring approach based on different types of mentoring for diverse audiences in academic and professional contexts.
- c. Design mentoring strategy for professional development informed by roles of mentors and mentees, communication, diversity, reflection & practice in mentoring.

#### 4 - Readings

Books:

Ragins, B.R., & Kram, K. E. (2007). *A handbook of mentoring at work: Theory, research and practice*. Thousand Oaks, CA: SAGE

Allen, T. D., & Eby, L. T. (2007). *The Blackwell handbook of mentoring: A multiple perspectives approach*. Malden, MA: Blackwell Publishing.

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*\*Books and Journals articles will be updated periodically.*

## 5 - Assessment

Assessment will be carried out as per NUST guidelines. It will include **Quizzes** (minimum 2), **Mid-term Exam**, **Assignment** based on analysis of case studies, **Report** based on practice sessions and interviews, and **Final exam**.

### Suggested Assignments:

#### Case Studies:

Students will *critically evaluate* case studies based on their understanding of class readings, class discussions, and assigned reading articles.

#### Report:

Students will prepare a report focused on *planning* and *implementation* of a mentoring plan based on practice sessions in class and interviews. The interviews will be conducted with concerned participants (youth/students/mentors, mentees, etc.) to enhance mentoring plans. Faculty may allow students to choose their area of interest based on class reading and practice sessions. The report will provide mentoring as a professional development tool for concerned authority.

